



BEGINNER (BRONZE 1)

Common Figures	W	T	F	VW
Walks/Balance Steps/Hesitations: Forward and Back	W		F	VW
Walks/Balance Steps/Hesitations: Side	W		F	VW
Change Step: Left Foot Forward (& Back)	W	T	F	VW
Change Step: Right Foot Forward (& Back)	W	T	F	VW
Left Box Step: Without Turn	W		F	VW
Left Box Step: With Turn	W		F	VW
Right Box Step: Without Turn	W		F	VW
Right Box Step: With Turn	W		F	VW
Outside Partner Twinkle: Right	W		F	VW
Promenade Twinkle: Simple	W		F	VW
Box with Slow Underarm Turn	W		F	
Left Box to Left Side Twinkle	W		F	VW
Left Side to Open Facing Twinkle	W		F	VW
Left Side Single Steps (Forward and Side)	W	T	F	VW
Forward Left Side Twinkles	W	T	F	VW
Change of Places: Chassé Passes		T	F	VW





INTERMEDIATE (BRONZE 2)

Common Figures	W	Т	F	vw
Promenade and Counter Promenade Breaks	W		F	VW
Promenade Chassé	W		F	VW
Outside Partner Twinkle: Left	W		F	VW
Back Outside Partner Twinkle: Right	W		F	
Promenade Twinkle: Follower Turn	W		F	VW
Promenade Twinkle: Leader Turn	W		F	VW
Open Break with Underarm Turn	W		F	VW
Turning Twinkle with Switch Underarm Turn	W		F	VW
Back Right Box to Left Side Twinkle	W		F	VW
Left Side to Promenade Twinkle: Simple	W		F	VW
Left Side Fan: Closed Fan	W	T		VW
Left Side Promenade to Closed Fans		Т	F	VW
Left Side Single Step: Step Tap/Points		T	F	
Left Side Single Step: Fans	W		F	VW
Turning Left and Right Side Twinkles	W	T	F	VW
Change of Places: Chassé with Turn (Follower in Front)		Т	F	VW
Change of Places: Turns (Follower Behind) (FUATL)		Т	F	VW





ADVANCED (BRONZE 3)

Common rigures	W	T	F	VW	
Back Outside Partner Twinkle: Left	W		F	VW	
Progressive Outside Partner Twinkles	W		F	VW	
Promenade Twinkle: From Outside Partner Left	W		F	VW	
Back Promenade Twinkle: Without Turn	W		F		
Promenade to Outside Partner Twinkle: Without Turn	W		F		
Promenade to Counter Promenade Twinkle: Follower Turn	W		F	VW	
Reverse Turn	W		F		
Natural Turn	W		F		
Reverse to Crossbody Lead	W		F		
Half Grapevine: Forward	W		F		
Rock Twinkle with Switch Underarm Turn	W		F	VW	
Promenade Crossbody Check to Left Side	W		F		
Left Side to Promenade Twinkle: Follower Turn	W		F	VW	
Change of Places: Half Turn in Place		Т	F	VW	





FULL (BRONZE 4) Common Figures

Common Figures	W	T	F	VW
Back Progressive Outside Partner Twinkles	W		F	
Back Promenade Twinkle: With Turn	W		F	
Promenade to Outside Partner Twinkle: With Turn	W		F	VW
Promenade to Counter Promenade Twinkle: Leader Turn	W		F	VW
Half Grapevine: Back	W		F	
Pivot from Promenade	W	T	F	
Back Promenade Twinkle with Underarm Turn	W		F	VW
Reverse Turn with Underarm Turn	W		F	
Natural Turn with Underarm Turn	W		F	
Back Right Side Twinkles	W	T	F	VW
Change of Places: Inverted/Back to Back	W		F	VW





TANGO Specific Figures

BRONZE 1

Walks

Basic: Straight
Basic: Curving

Basic: Outside Partner

Corte

Promenade: Left Turning Promenade: Right Turning

Check to Left Side

Left Side Tango Close

Left Side Curve Basic Underarm Turn

BRONZE 2

Running Steps

Progressive Rocks

Basic with Outside Partner Fans

Reverse Turn

Promenade Turning Right to Left Side Left Side Promenade to Closed Fan

BRONZE 3

Contra Rock

Reverse to Back Outside Partner Fans

Turning Left Rock and Corte

Rock with Switch Underarm Turn

Left Side Fan to Underarm Turn

Crossbody to Left Side

Change of Places: Shadow

Left Side Tango Close with Turn to Shadow

Walks with Turn Shadow Walks

BRONZE 4

Reverse to Back Promenade Fan

Continuous Left Rock Turn

Left Side Rock with Turn to Shadow

Left Side Curve Basic with Underarm Turn to Shadow

Check with Turn to Left Side

Shadow Rocks





FOXTROT Specific Figures

BRONZE 1

Walks

Basic: Forward (Bounce Action)
Basic: Forward (Glide Action)

Basic: Back

Quarter Turn: In Line

Promenade

Basic Sway Step Rock Turn: Left

Promenade with Underarm Turn

BRONZE 2

Quarter Turn: Outside Partner Extended Sway Step Left & Right

Rock Turn: Right

Sway Step with Underarm Turn

BRONZE 3

Back Outside Partner Rock Promenade Crossbody Twist

Grapevine

Extended Sway Step Left with Underarm Turn

Extended Sway Step Right with Outside Underarm Turn

BRONZE 4

Back Outside Partner Rock with Undergrm Turn





VIENNESE WALTZ Specific Figures

BRONZE 1

Change Step: Left Foot Forward Change Step: Right Foot Forward

Canter Chassés

Canter Chassé to Left Side

Hesitations with Underarm Turn to Left Side

BRONZE 3

Reverse Turn

Natural Turn

Crossbody Lead

Crossbody Hesitation with Underarm Turn to Left Side

DANCE VISION

BRONZE 2

Promenade to Closed Fan

Canter Chassés with Underarm Turns Right and Left

BRONZE 4

Crossbody Run with Underarm Turn to Left Side

Bow and Curtsey